

MONDAY	FRIDAY/THURSDAY	SATURDAY	SUNDAY
3-Aug	7-Aug	8-Aug	9-Aug
FIRST PRACTICE 7:30am-10:30am all week Coaches at 6:30	First Day of Pads	Team Scrimmage-8:00am Media Day/Pictures-10:00am	OFF
10-Aug	14-Aug	15-Aug	16-Aug
Practice M-W 8am-11am Practice TH 4:30-6:30	Scrimmage-ND vs Joaquin At Joaquin 6:00 PM	Coaches Golf Outing 8:00am (Optional)	OFF
17-Aug	20-Aug	22-Aug	23-Aug
Practice-4:00-6:30pm	20-Scrimmage vs Tenaha@ Tenaha 21-Meet the Eagles@7:00pm	Coaches at 8 am	OFF
24-Aug	28-Aug	29-Aug	30-Aug
SCHOOL STARTS Regular Workout	ND vs Jefferson at Jefferson 7:30 PM	Players 11 am Coaches at 8 am	Coaches at 1:30
31-Aug	4-Sep	5-Sep	6-Sep
Regular Workout	ND vs Tyler Grace At Home 7:30 PM	Coaches 8-12	OFF
7-Sep	11-Sep	12-Sep	13-Sep
Labor Day OFF	TH-Game Prep for Garrison F-Game Prep then scout	Players OFF Coaches 9-1 if needed	OFF
14-Sep	18-Sep	19-Sep	20-Sep
Regular Workout	ND vs Garrison at Home 7:30 PM	Players at 11 am Coaches at 8 am	Coaches at 1:30
21-Sep	25-Sep	26-Sep	27-Sep
Regular Workout	ND vs Troup At Home 7:30 PM	Players at 11 am Coaches at 8 am	Coaches at 1:30
28-Sep	2-Oct	3-Oct	4-Oct
Regular Workout	ND vs West Rusk at WR 7:30 PM	Players at 11 am Coaches at 8 am	OFF
5-Oct	9-Oct	10-Oct	11-Oct
Light Practice and Coaches finish Game Prep	Coaches Scout	ND vs Elysian Fields at Lobo 7:00 PM	Players OFF Coaches at 9am
12-Oct	16-Oct	17-Oct	18-Oct
Regular Workout	ND vs Frankston At Home 7:30 PM	Players at 11 am Coaches at 8 am	Coaches at 1:30
19-Oct	23-Oct	24-Oct	25-Oct
Regular Workout	ND vs Arp At Arp 7:30 PM	Players at 11 am Coaches at 8 am	Coaches at 1:30
26-Oct	30-Oct	31-Oct	1-Nov
Regular Workout	ND vs Winona At Home 7:30 PM	Players at 11 am Coaches at 8 am	Coaches at 1:30